



## ALLERGENES À DECLARATION OBLIGATOIRE

| Allergène                   | Allergène |           |      |         |          |      |      |               |        |          |        |         |       |           |
|-----------------------------|-----------|-----------|------|---------|----------|------|------|---------------|--------|----------|--------|---------|-------|-----------|
|                             | Gluten    | Crustacés | Oeuf | Poisson | Arachide | Soja | Lait | Fruit à coque | Céleri | Moutarde | Sésame | Sulfite | Lupin | Mollusque |
| <b>SUSHIS</b>               |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Rouleaux de Printemps       |           |           |      |         |          | ✓    |      |               |        |          |        |         |       |           |
| Salades d'Algues            |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Cœurs d'Artichauts          |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Salade de Fruits de Mer     | ✓         |           |      |         |          |      |      |               |        |          |        |         |       | ✓         |
| Crevettes                   | ✓         |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Bulots                      | ✓         |           |      |         |          |      |      |               |        |          |        |         |       | ✓         |
| Huitres                     | ✓         |           |      |         |          |      |      |               |        |          |        |         |       | ✓         |
| Coques                      | ✓         |           |      |         |          |      |      |               |        |          |        |         |       | ✓         |
| Clams                       | ✓         |           |      |         |          |      |      |               |        |          |        |         |       | ✓         |
| Crabes                      | ✓         |           |      |         |          |      |      |               |        |          |        |         |       | ✓         |
| Semoules                    | ✓         |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Salade Thai                 |           |           |      |         |          |      | ✓    |               |        |          |        |         |       |           |
| Salades d'Asperges          |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Feuille de salade et Menthe |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Salade de Saumon            |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Gelée d'Herbe               |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Salade de Chou blanc        |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Olives                      |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Taboulés                    |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Salade de betteraves        |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Salade Maïs Surimi          |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| oeufs                       |           |           | ✓    |         |          |      |      |               |        |          |        |         |       |           |
| Salade Maison               | ✓         |           |      |         |          |      |      |               |        |          |        |         |       |           |

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|------------------------------|-----------|-----------|------|---------|----------|------|------|---------------|--------|----------|--------|---------|-------|-----------|
|                              | Gluten    | Crustacés | Oeuf | Poisson | Arachide | Soja | Lait | Fruit à coque | Céleri | Moutarde | Sésame | Sulfite | Lupin | Mollusque |
| <b>Plats Chauds</b>          |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Pomme de Terre               |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Nems au Porc                 |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Samoussa Boeuf               |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Samoussa Légumes             |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Ravioli aux Crevettes        | ✓         | ✓         |      |         |          | ✓    |      |               |        |          |        |         |       |           |
| Boulettes de Poissons        | ✓         |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Coquille Saint Jacques       | ✓         |           |      |         |          |      |      |               |        |          |        |         |       | ✓         |
| Beignets de Pincés de Crabes | ✓         |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Riz nature                   |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Bouchon de Crevettes         |           | ✓         |      |         |          |      |      |               |        |          |        |         |       |           |
| Beignets Alles de Poulet     |           |           |      |         |          |      |      |               | ✓      |          |        |         |       |           |
| Beignets St Jacques Surimi   | ✓         |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Beignets de Légumes          |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Beignets de Calamars         | ✓         |           |      |         |          |      |      |               |        |          |        |         |       | ✓         |
| Nems aux crevettes           |           | ✓         |      |         |          |      |      |               |        |          |        |         |       |           |
| Brochettes de Porc           |           |           |      |         |          |      |      |               |        |          |        |         | ✓     |           |
| Brochettes de Boules de Porc |           |           |      |         |          |      |      |               |        |          |        |         | ✓     |           |
| Brochettes de Poulet         |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Boeufs aux oignons           |           |           |      |         |          |      |      |               |        |          |        |         | ✓     |           |
| Poulet Sauté                 |           |           |      |         |          |      |      |               |        |          |        |         | ✓     |           |
| Crevettes sel et Poivre      |           | ✓         |      |         |          |      |      |               |        |          |        |         |       |           |
| Canard                       |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Cuisses de Grenouilles       |           |           |      |         | ✓        |      |      |               |        |          |        |         |       |           |
| Filet de Pangas              |           |           |      |         | ✓        |      |      |               |        |          |        |         |       |           |
| Moules avec Saté             | ✓         |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |

| Allergène                      | Allergène |           |      |         |          |      |      |               |        |          |        |         |       |           |
|--------------------------------|-----------|-----------|------|---------|----------|------|------|---------------|--------|----------|--------|---------|-------|-----------|
|                                | Gluten    | Crustacés | Oeuf | Poisson | Arachide | Soja | Lait | Fruit à coque | Céleri | Moutarde | Sésame | Sulfite | Lupin | Mollusque |
| <b>Deserts / LAITAGES</b>      |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Fromage Blanc                  |           |           |      |         |          |      |      |               |        |          |        |         | ✓     |           |
| Pana Cotta                     |           |           |      |         |          |      |      |               |        |          |        |         | ✓     |           |
| Îles Flottantes                |           |           |      | ✓       |          |      |      |               |        |          |        |         | ✓     |           |
| Chantilly                      |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Crème Brulée                   |           |           |      | ✓       |          |      |      |               |        |          |        |         | ✓     |           |
| Blanc en neige                 |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Crème Anglaise                 | ✓         |           |      | ✓       |          |      |      |               |        |          |        |         | ✓     |           |
| Fromage Blanc coulis framboise |           |           |      |         |          |      |      |               |        |          |        |         | ✓     |           |
| Fromage Blanc Grenadine        |           |           |      |         |          |      |      |               |        |          |        |         | ✓     |           |
| Activia                        |           |           |      |         |          |      |      |               |        |          |        |         | ✓     |           |
| Tiramisu au mascarpone         | ✓         |           |      |         |          |      |      |               |        |          |        |         | ✓     |           |

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|                          | Gluten    | Crustacés | Oeuf | Poisson | Arachide | Soja | Lait | Fruit à coque | Céleri | Moutarde | Sésame | Sulfite | Lupin | Mollusque |
| <b>SUSHIS ET MAKIS</b>   |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| California Malibu        |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Maki Saumon              |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Avocat Saumon            |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| California Saumon Avocat |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Sushi Saumon             |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Maki Avocat              |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Surimi Avocat            |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Saumon cheese            |           |           |      | ✓       |          |      | ✓    |               |        |          |        |         |       |           |
| Maki radis               |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Maki Concombre           |           |           |      |         |          |      |      | ✓             |        |          |        |         |       |           |
| Maki Fromage             |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Sushi Thon               |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Sushi Daurade            |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Sushi Maquereau          |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| California Massako       |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| California Fromage       |           |           |      |         |          |      | ✓    |               |        |          |        |         |       |           |
| California Saumon Avocat |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Sushi Crevettes          |           |           | ✓    |         |          |      |      |               |        |          |        |         |       |           |
| California Surimi        |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |

| Allergène                          | Allergène |           |      |         |          |      |      |               |        |          |        |         |       |           |
|------------------------------------|-----------|-----------|------|---------|----------|------|------|---------------|--------|----------|--------|---------|-------|-----------|
|                                    | Gluten    | Crustacés | Oeuf | Poisson | Arachide | Soja | Lait | Fruit à coque | Céleri | Moutarde | Sésame | Sulfite | Lupin | Mollusque |
| <b>Plats Chauds</b>                |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Riz Cantonnais                     |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Riz au Curry                       |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Légumes Sauté                      |           |           |      |         |          |      | ✓    |               |        |          |        |         |       | ✓         |
| Champignons de Paris               |           |           |      |         |          |      | ✓    |               |        |          |        |         |       | ✓         |
| Brocolis                           |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Poulet à la Sauce Piquante         |           |           |      |         |          |      |      |               |        |          |        |         |       | ✓         |
| Beignets de Porc sauce aigre douce |           |           |      |         |          |      |      |               |        |          |        |         |       | ✓         |
| Calamars à la sauce aigre douce    | ✓         |           |      |         |          |      |      |               |        |          |        |         |       | ✓         |
| Calamars à la sauce Graine de soja | ✓         |           |      |         |          | ✓    |      |               |        |          |        |         |       | ✓         |
| Mini Nems crevettes et Volailles   |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Poulet Champignons noirs           |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Moules au Fromage                  |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Poulet Citronnelle                 |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Porc Laqué                         |           |           |      |         |          |      |      |               |        |          |        |         |       | ✓         |
| Crevettes Sauce Piquante           |           | ✓         |      |         |          |      |      |               |        |          |        |         |       | ✓         |
| Ravioli aux Crevettes              |           |           |      | ✓       |          |      |      |               |        |          |        |         |       |           |
| Hash Brow                          | ✓         |           |      |         |          | ✓    | ✓    |               |        |          |        |         |       |           |
| Nouilles aux légumes soja          |           |           |      |         |          |      |      |               |        |          |        |         | ✓     | ✓         |
| Ravioli Pekinois                   |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Potatoes                           |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Nuggets                            | ✓         | ✓         |      |         |          | ✓    | ✓    | ✓             | ✓      |          |        |         |       |           |
| Boeuf Champignons noirs            |           |           |      |         |          |      |      |               |        |          |        |         |       | ✓         |
| Boeuf au Saté                      |           |           |      |         |          |      |      |               |        |          |        |         |       | ✓         |
| Croissant farci                    |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Pommes Noisettes                   | ✓         |           |      |         |          |      |      |               |        |          |        |         |       | ✓         |

| Allergène                  | Allergène |           |      |         |          |      |      |               |        |          |        |         |       |           |
|----------------------------|-----------|-----------|------|---------|----------|------|------|---------------|--------|----------|--------|---------|-------|-----------|
|                            | Gluten    | Crustacés | Oeuf | Poisson | Arachide | Soja | Lait | Fruit à coque | Céleri | Moutarde | Sésame | Sulfite | Lupin | Mollusque |
| <b>Deserts</b>             |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Mousse au Chocolat         |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Donuts                     | ✓         | ✓         |      |         |          | ✓    | ✓    | ✓             |        |          |        |         |       |           |
| Tarte aux Pommes           | ✓         | ✓         |      |         |          | ✓    | ✓    | ✓             |        |          |        |         | ✓     | ✓         |
| Tarte aux Chocolats        | ✓         | ✓         |      |         |          | ✓    | ✓    | ✓             |        |          |        |         | ✓     | ✓         |
| Tarte Normande             | ✓         | ✓         |      |         |          | ✓    | ✓    | ✓             |        |          |        |         | ✓     | ✓         |
| Gâteau Basque              | ✓         | ✓         |      |         |          | ✓    | ✓    | ✓             |        |          |        |         | ✓     | ✓         |
| Clafoutis                  | ✓         | ✓         |      |         |          | ✓    | ✓    | ✓             |        |          |        |         | ✓     | ✓         |
| Flan                       | ✓         | ✓         |      |         |          | ✓    | ✓    | ✓             |        |          |        |         | ✓     | ✓         |
| Salade de Fruits           |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Kumquat                    |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Arbouses                   |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Nougats aux cacahouettes   | ✓         |           |      |         |          | ✓    |      | ✓             |        |          |        |         | ✓     | ✓         |
| Nougats aux sésames        | ✓         |           |      |         |          |      |      | ✓             |        |          |        |         | ✓     | ✓         |
| Gingembre confit           |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Cacahouettes               |           |           |      |         |          |      |      | ✓             |        |          |        |         |       |           |
| Pruneaux                   |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Biscuit aux amandes        | ✓         | ✓         |      |         |          | ✓    | ✓    | ✓             |        |          |        |         | ✓     |           |
| Litchis                    |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Abricots                   |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Raisins                    |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Clémentines                |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Fraises                    |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Boules de Coco             | ✓         |           |      | ✓       | ✓        | ✓    | ✓    | ✓             |        |          |        |         | ✓     | ✓         |
| Boules de Coco aux Sésames | ✓         |           |      | ✓       | ✓        | ✓    | ✓    | ✓             |        |          |        |         | ✓     | ✓         |
| Popcorn                    |           |           |      |         |          |      |      |               |        |          |        |         |       |           |

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|                              | Gluten    | Crustacés | Oeuf | Poisson | Arachide | Soja | Lait | Fruit à coque | Céleri | Moutarde | Sésame | Sulfite | Lupin | Mollusque |
| <b>PRODUITS ADDITIONNELS</b> |           |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Sauce Soja Sucré             |           |           |      |         |          |      | ✓    |               |        |          |        |         |       |           |
| Sauce Soja Salé              |           |           |      |         |          |      | ✓    |               |        |          |        |         |       |           |
| Sauce Saté                   | ✓         |           |      |         |          |      |      |               |        |          |        |         |       |           |
| Sauce Haricot Noir           |           |           |      |         |          |      | ✓    |               |        |          |        |         |       |           |
| Sauce Thaïlandaise           | ✓         |           |      |         |          |      |      |               |        |          |        |         |       |           |